

Proud member of



# INDEPENDENT CHOICE

September 2021

"By all these lovely tokens  
September days are here,  
With summer's best of weather  
And autumn's best of cheer."  
- Helen Hunt Jackson



Primal Kitchen  
Mayo with Avocado Oil

**\$6<sup>29</sup>**

12 oz



Siete  
Grain Free Tortilla Chips

**\$3<sup>49</sup>**

5 oz



Food For Life  
Organic Ezekiel 4:9® Bread  
(selected varieties)

**\$3<sup>79</sup>**

24 oz



Mary's Gone Crackers  
Organic Crackers  
(selected varieties)

**\$3<sup>29</sup>**

5-6.5 oz



Lundberg Family Farms  
Organic Rice Cakes  
(selected varieties)

**\$2<sup>79</sup>**

8.5-10 oz



Miyoko's Creamery  
Organic Cashew Milk Mozzarella

**\$5<sup>79</sup>**

8 oz



Organic Valley  
Organic Cream Cheese

**\$2<sup>99</sup>**

8 oz



Alden's Organic  
Organic Ice Cream  
(selected varieties)

**\$5<sup>99</sup>**

48 oz



Cascadian Farm Organic  
Organic Potatoes  
(selected varieties)

**2/\$5**

12-16 oz



KeVita  
Organic Sparkling  
Probiotic Drink

**2/\$5**

15.2 oz



Bragg  
Organic Apple Cider  
Vinegar

**\$3<sup>99</sup>**

32 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.



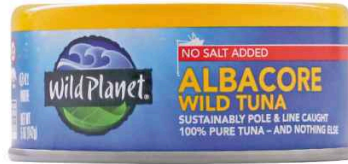


Wild Planet strives to transform fishing into a force to reinvigorate the oceans, so we work with likeminded small-scale fishermen who follow 100% sustainable fishing practices. Our products are minimally processed to deliver unparalleled taste and quality you can trust.



Wild Planet  
Wild Sardines

**\$1<sup>79</sup>**  
4.4 oz



Wild Planet  
Albacore Wild Tuna

**\$3<sup>49</sup>**  
5 oz

Safe Catch  
Wild Ahi Yellowfin Tuna



**\$2<sup>49</sup>**  
5 oz

Garden of Eatin'  
Taco Shells



**2/\$5**  
5.5 oz

Annie's  
Organic Mac & Cheese  
(selected varieties)



**2/\$5**  
6 oz

Montebello  
Organic Artisan Pasta  
(selected varieties)



**\$2<sup>79</sup>**  
1 lb

Westbrae  
Organic Beans  
(selected varieties)



**2/\$4**  
15 oz

Annie's  
Organic Dressing  
(selected varieties)



**2/\$6**  
8 oz

Organicville  
Organic Ketchup



**\$3<sup>49</sup>**  
24 oz

Muir Glen  
Organic Pasta Sauce  
(selected varieties)



**2/\$6**  
25.5 oz

Once Again Nut Butter  
Organic Sunflower Seed Butter



**\$5<sup>29</sup>**  
16 oz

Rao's Homemade  
Pasta Sauce  
(selected varieties)



**\$5<sup>29</sup>**  
24 oz

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Good Health  
Avocado Oil  
Potato Chips

**\$2<sup>29</sup>**

5 oz



Late July  
Organic Restaurant  
Style Tortilla Chips

**\$2<sup>79</sup>**

11 oz



Food Should Taste Good  
Tortilla Chips  
(selected varieties)

**2/\$4**

5.5 oz



Beanfields  
Bean Chips

**2/\$5**

5.5 oz



RW Garcia  
Organic Corn  
Chips

**2/\$5**

7.5-8.25 oz



Barnana  
Organic Plantain  
Chips

**2/\$6**

5 oz



Pipcorn  
Cheese Balls

**\$2<sup>99</sup>**

4.5 oz



Vegan Rob's  
Puffs

**\$2<sup>29</sup>**

3.5 oz



Hu  
Grain-Free Crackers

**\$3<sup>79</sup>**

4.25 oz



Barbara's  
Cereal  
(selected varieties)

**2/\$7**

8-15 oz



MadeGood  
Organic Crispy Squares

**\$2<sup>79</sup>**

6 ct



Zego  
Organic Double  
Protein Oats

**\$4<sup>79</sup>**

14 oz



Annie's  
Organic Graham Crackers

**2/\$7**

14.4 oz



Cadia  
Organic Apple Sauce Cups

**2/\$4**

16 oz



Happy Baby  
Organic Simple  
Combos Baby Food  
Pouch

**\$1<sup>29</sup>**

4 oz



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**Navitas  
Organic Cacao Nibs**



**\$5<sup>99</sup>**

8 oz



**Theo  
Organic Chocolate  
Bar**  
(selected varieties)

**2/\$4**

3 oz



**Chocolove  
Chocolate Bar**  
(selected varieties)

**\$2<sup>29</sup>**

3.1-3.2 oz



**Bragg  
Organic Apple Cider  
Vinegar Shot**

**2/\$3**

2 oz



**Nixie  
Organic Sparkling Water**

**\$3<sup>99</sup>**

8 ct



**Lakewood  
Organic Pure Pink  
Grapefruit Juice**

**\$3<sup>49</sup>**

32 oz



**C2O  
Coconut Water**

**\$2<sup>99</sup>**

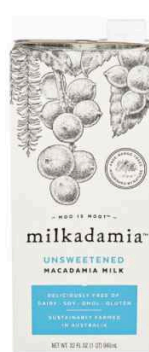
33.8 oz



**Milkadamia  
Macadamia Milk**

**2/\$7**

32 oz



**Harmless Harvest  
Organic Coconut Water**

**\$3<sup>79</sup>**

16 oz



**Health-Ade  
Organic Kombucha**  
(selected varieties)

**2/\$5**

16 oz



**Wild Tonic  
Organic Jun Kombucha**  
(selected varieties)

**2/\$6**

16 oz



**GT's  
Organic Multi Serve  
Kombucha**  
(selected varieties)

**\$6<sup>79</sup>**

48 oz



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Califia Farms  
Plant Milk  
(selected varieties)

**\$3<sup>49</sup>**  
48 oz



Kite Hill  
Cream Cheese Alternative  
(selected varieties)

**\$5<sup>49</sup>**  
8 oz



Green Valley Creamery  
Organic Lactose-Free Cream  
Cheese



Nancy's  
Organic Probiotic Cottage  
Cheese

**\$3<sup>99</sup>**  
16 oz



Good Culture  
Organic Cottage Cheese  
(selected varieties)

**\$3<sup>79</sup>**  
16 oz



**\$2<sup>99</sup>**  
8 oz



Brown Cow  
Cream Top Whole Milk Yogurt

**89¢**  
5.3 oz



Wallaby  
Organic Aussie Greek Style Yogurt  
(selected varieties)

**\$6<sup>29</sup>**  
32 oz



Daiya  
Dairy-Free Cheese Style Shreds  
(selected varieties)

**\$3<sup>29</sup>**  
7.1-8 oz



Organic Valley  
Organic Raw Sharp  
Cheddar Cheese

**\$4<sup>79</sup>**  
8 oz



Vital Farms  
Pasture-Raised Large Eggs

**\$4<sup>79</sup>**  
12 ct



Hope  
Organic Hummus

**\$2<sup>79</sup>**  
8 oz



Bubbies  
Sauerkraut

**\$5<sup>79</sup>**  
25 oz



Wildbrine  
Kimchi

**\$4<sup>79</sup>**  
18 oz



Lightlife  
Plant-Based Smart Dogs

**\$2<sup>79</sup>**  
12 oz



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**Tofurky  
Plant-Based Original Sausage**

**\$3<sup>99</sup>**

14 oz



**Sweet Earth  
Plant-Based Benevolent  
Bacon**

**\$2<sup>99</sup>**

5.5 oz



**Hilary's  
Organic Veggie Burgers**

**2/\$5**

6.4 oz



**Grain Trust  
Frozen Grains**

**\$3<sup>29</sup>**

20-30 oz



**Beyond Meat  
Beyond Sausage**

**\$6<sup>79</sup>**

14 oz



**Coconut Bliss  
Organic Plant-Based & Dairy-Free  
Frozen Dessert**

**\$4<sup>49</sup>**

1 pt



**Castor & Pollux  
Organix Organic Butcher &  
Bushel Dog Food**

**\$2<sup>29</sup>**

12.7 oz



**Vega  
Sport Premium Protein**

**\$37<sup>99</sup>**

28.3-29.5 oz



**Garden of Life  
Raw Organic Protein  
Powder**

**\$30<sup>99</sup>**

560-660 g



**Yerba Prima  
Psyllium Husks  
Powder**

**\$9<sup>79</sup>**

12 oz



**Honey Gardens  
Elderberry Syrup**

**\$13<sup>99</sup>**

8 oz



**Bluebonnet Nutrition  
Blueberry Liquid  
Calcium Magnesium  
Citrate Plus Vitamin  
D3**

**\$12<sup>19</sup>**

16 oz



**American Health  
Super Papaya  
Enzyme Plus  
Chewable**

**\$7<sup>29</sup>**

180 tab



**Natural Factors  
C 500 mg Fruit-Flavor  
Chew**

**\$10<sup>99</sup>**

90 tab



**Jarrow Formulas  
Saccharomyces  
Boulardii + MOS**

**\$19<sup>49</sup>**

90 vcap



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**MegaFood  
Balanced B Complex**

**\$12<sup>99</sup>**

30 tab



**Natural Factors  
CurcuminRich®  
Theracurmin® 30 mg**

**\$19<sup>99</sup>**

60 vcap



**Solgar  
Gentle Iron®**

**\$7<sup>49</sup>**

90 vcap



**American Health  
Ester-C® 1000 mg with  
Citrus Bioflavonoids**

**\$18<sup>49</sup>**

90 cap



**Himalaya  
Organic Ashwagandha**

**\$13<sup>49</sup>**

60 caplets



**MyChelle Dermaceuticals  
Deep Repair Cream**

**\$23<sup>99</sup>**

1.2 oz



**Derma E  
Vitamin C  
Concentrated Serum**

**\$16<sup>49</sup>**

2 oz



**CV Sciences  
+PlusCBD Extra Strength  
Formula CBD Balm**

**\$18<sup>49</sup>**

1.3 oz



**Jason  
Powersmile Whitening  
Powerful Peppermint  
Toothpaste**

**\$3<sup>79</sup>**

6 oz



**Acure  
Shampoo or  
Conditioner  
(selected varieties)**

**\$6<sup>49</sup>**

8 oz



**Avalon Organics  
Shampoo or  
Conditioner  
(selected varieties)**

**\$7<sup>29</sup>**

11 oz



**Mineral Fusion  
Nail Polish Remover**

**\$6<sup>49</sup>**

6 oz



**RADIUS  
Source Toothbrush**

**\$6<sup>29</sup>**

1 ct



**Seventh Generation  
Chlorine-Free Pads**

**\$3<sup>99</sup>**

14-24 ct



**Better Life  
All-Purpose Cleaner**

**\$3<sup>79</sup>**

32 oz



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**We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.**

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**Independent Choice** specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit [www.naturalfoodretailers.net](http://www.naturalfoodretailers.net).

### CALIFORNIA

Alameda Natural Grocery  
Berryvale Grocery  
Bi-Rite Market  
Cal Mart  
Canyon Market  
Castro Valley Natural Grocery  
Chautauqua Natural Foods  
Community Market  
Cream of the Crop  
Dahlia & Sage  
Community Market  
Encinal Market  
Frazier Farms Market  
Gather Natural Market  
Good Earth  
Organic & Natural Foods  
Harvest Market  
Jimbo's...Naturally!  
Mission Square Market  
The Market  
Molsberry's Market

Mother Truckers  
& Natural Selection  
The Natural Grocery Company  
New Earth Market  
New Frontiers  
Natural Marketplace  
New Moon Natural Foods  
Oceana Market  
Pacific Market  
Palace Market  
Piazza's Fine Foods  
Rainbow Acres Natural Food  
Ramona Family  
Naturals Market  
Real Food Market  
Seaside Market  
Sheri's Sonshine  
Nutrition Center  
Staff of Life  
Stehly Farms Market  
Sunshine Foods Market  
Surf Market  
Village Market

Wild Roots Market  
Wildberries Marketplace  
The Whole Wheatery  
COLORADO  
Zuma Natural Foods  
HAWAII  
Down To Earth  
Organic & Natural  
HealthGo Market  
Healthy Hut Market & Cafe  
Hoku Foods Natural Market  
Papaya's Natural Foods & Cafe

### NEVADA

Dixie Nutrition

### UTAH

Dixie Nutrition